

## Straightforward Beginner CEF Checklists

Choose from 0–5 for each statement to express how well you can carry out the following skills practised in *Straightforward Beginner*.

0 = I can't do this at all.

1 = I can do this with a lot of help from my teacher.

2 = I can do this a little.

3 = I can do this fairly well.

4 = I can do this really well.

5 = I can do this almost perfectly.

### Unit 1

#### Listening

• I can understand greetings. (1A, p6)	0 1 2 3 4 5
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• I can understand the names of cities and countries. (1B, p8)	0 1 2 3 4 5
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#### Reading

• I can understand simple biographical information. (1D, p12)	0 1 2 3 4 5
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#### Spoken interaction

• I can greet other people. (1A, p6)	0 1 2 3 4 5
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• I can ask for and say names. (1A, p7)	0 1 2 3 4 5
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• I can ask and say where I'm from. (1B, p9)	0 1 2 3 4 5
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• I can ask for and say phone numbers. (1C, p11)	0 1 2 3 4 5
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#### Spoken production

• I can count to ten. (1C, p10)	0 1 2 3 4 5
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#### Language quality

• I can use <i>to be</i> to introduce myself and other people. (1A, p7/1B, p9)	0 1 2 3 4 5
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• I can pronounce popular English names. (1A, p7)	0 1 2 3 4 5
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#### Writing

• I can write a short dialogue in English. (1D, p13)	0 1 2 3 4 5
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• I can complete a form. (Workbook, p58)	0 1 2 3 4 5
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### Unit 2

#### Listening

• I can recognise the names of common objects. (2B, p16)	0 1 2 3 4 5
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• I can recognise numbers from one to twenty. (2B, p15)	0 1 2 3 4 5
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#### Reading

• I can understand food and drink vocabulary on a menu. (2C, p18/19)	0 1 2 3 4 5
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#### Spoken interaction

• I can introduce myself to a hotel receptionist. (2A, p15)	0 1 2 3 4 5
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• I can order food and drink in a café. (2C, p19)	0 1 2 3 4 5
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#### Spoken production

• I can pronounce the letters of the alphabet. (2A, p14)	0 1 2 3 4 5
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• I can spell names. (2A, p15)	0 1 2 3 4 5
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• I can count from one to twenty. (2A, p15)	0 1 2 3 4 5
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#### Language quality

• I can use <i>this/that/here/there</i> to ask for an object. (2B, p17)	0 1 2 3 4 5
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• I can talk about objects in the singular or plural. (2C, p19)	0 1 2 3 4 5
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### Unit 3

#### Listening

• I can understand basic information about an institution. (3C, p28)	0 1 2 3 4 5
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#### Reading

• I can understand the names of some jobs in English. (3A, p24)	0 1 2 3 4 5
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• I can understand a school brochure. (3C, p28)	0 1 2 3 4 5
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• I can understand some information about a football match in a television guide. (3D, p30)	0 1 2 3 4 5
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#### Spoken interaction

• I can ask about someone's job. (3A, p25)	0 1 2 3 4 5
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• I can ask for information about a word and say I don't understand. (3C, p29)	0 1 2 3 4 5
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#### Spoken production

• I can talk about the colours of an object. (3B, p26)	0 1 2 3 4 5
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• I can name the days of the week. (3C, p28)	0 1 2 3 4 5
• I can say goodbye. (3C, p29)	0 1 2 3 4 5
<b>Language quality</b>	
• I can use <i>to be</i> (affirmative) to talk about my nationality and job. (3A, p25)	0 1 2 3 4 5
• I can use <i>to be</i> (negative) to correct simple statements. (3B, p27)	0 1 2 3 4 5
• I can use <i>to be</i> to ask short questions and give yes/no answers. (3C, p29)	0 1 2 3 4 5
<b>Writing</b>	
• I can write a short paragraph about myself. (Workbook, p59)	0 1 2 3 4 5

<b>Unit 4</b>	
<b>Listening</b>	
• I can understand numbers from one to one hundred and one. (4A, p32)	0 1 2 3 4 5
• I can understand family words. (4B, p35/4D, p38)	0 1 2 3 4 5
<b>Reading</b>	
• I can understand a family album webpage. (4B, p34)	0 1 2 3 4 5
<b>Spoken interaction</b>	
• I can ask someone about the age of their family. (4A, p33)	0 1 2 3 4 5
<b>Spoken production</b>	
• I can count from one to one hundred and one. (4A, p32)	0 1 2 3 4 5
• I can describe the age of something. (4A, p33)	0 1 2 3 4 5
• I can give basic information about my family. (4C, p35)	0 1 2 3 4 5
<b>Language quality</b>	
• I can use <i>it/they</i> to refer to objects. (4A, p33)	0 1 2 3 4 5
• I can use possessive 's to talk about family connections. (4B, p35)	0 1 2 3 4 5
• I can use prepositions of place to say where an object is in a room. (4C, p37)	0 1 2 3 4 5

<b>Unit 5</b>	
<b>Listening</b>	
• I can understand a simple conversation about work activities. (5B, p44/5C, p46)	0 1 2 3 4 5
<b>Reading</b>	
• I can understand basic biographical information in a text. (5A, p42/5D, p48)	0 1 2 3 4 5
<b>Spoken interaction</b>	
• I can ask for and give an email address. (5B, p44)	0 1 2 3 4 5
• I can ask someone questions about their job. (5C, p47)	0 1 2 3 4 5
<b>Spoken production</b>	
• I can name basic objects of technology. (5B, p44)	0 1 2 3 4 5
• I can talk about the technology I have and use. (5B, p45)	0 1 2 3 4 5
<b>Language quality</b>	
• I can use the present simple to talk about things that are true. (5A, p43)	0 1 2 3 4 5
• I can use <i>don't/doesn't</i> to make negative statements in the present simple. (5B, p45)	0 1 2 3 4 5
• I can use <i>and</i> or <i>but</i> to give more information about something. (5B, p45)	0 1 2 3 4 5
• I can use adjectives to describe how I feel about different jobs. (5C, p46)	0 1 2 3 4 5
<b>Writing</b>	
• I can write a short description of a person I know. (Workbook, p60)	0 1 2 3 4 5

<b>Unit 6</b>	
<b>Listening</b>	
• I can understand information about free time activities. (6B, p52)	0 1 2 3 4 5
<b>Reading</b>	
• I can understand the main ideas of a small article. (6A, p50)	0 1 2 3 4 5
• I can understand notices on a community centre billboard. (6B, p52)	0 1 2 3 4 5
• I can understand questions on a survey. (6C, p54)	0 1 2 3 4 5
<b>Spoken interaction</b>	
• I can ask <i>wh-</i> questions to find out more about someone. (6B, p53)	0 1 2 3 4 5
• I can ask questions and talk about eating habits. (6C, p54)	0 1 2 3 4 5
• I can order food from a menu. (6D, p57)	0 1 2 3 4 5
<b>Spoken production</b>	

• I can talk about what I do on a typical day. (6A, p50/51 & 6D, p56)	0 1 2 3 4 5
• I can tell the time. (6A, p51/6B, p53)	0 1 2 3 4 5
• I can talk about what I do in my free time. (6B, p52)	0 1 2 3 4 5
<b>Language quality</b>	
• I can use adverbs of frequency to say how often I do something. (6A, p51)	0 1 2 3 4 5
• I can use <i>how often</i> to ask about habits and routines. (6C, p55)	0 1 2 3 4 5
• I can pronounce the names of English words on food labels. (6C, p55)	0 1 2 3 4 5

<b>Unit 7</b>	
<b>Listening</b>	
• I can understand a description of a neighbourhood. (7A, p62)	0 1 2 3 4 5
• I can understand basic tourist information. (7C, p64)	0 1 2 3 4 5
<b>Reading</b>	
• I can understand a tourist brochure. (7A, p60)	0 1 2 3 4 5
<b>Spoken interaction</b>	
• I can tell someone that I don't understand. (7C, p64)	0 1 2 3 4 5
• I can ask for tourist information. (7C, p65)	0 1 2 3 4 5
<b>Spoken production</b>	
• I can talk about a city I know. (7A, p61)	0 1 2 3 4 5
<b>Language quality</b>	
• I can use <i>there is/there are</i> to talk about the existence of things. (7A, p61/7D, p66)	0 1 2 3 4 5
• I can ask questions about the existence of things. (7B, p63)	0 1 2 3 4 5
<b>Writing</b>	
• I can write a paragraph about a city I know. (Workbook, p61)	0 1 2 3 4 5

<b>Unit 8</b>	
<b>Listening</b>	
• I can understand dates (years). (8A, p69)	0 1 2 3 4 5
• I can understand a dialogue from a TV programme. (8B, p70)	0 1 2 3 4 5
• I can understand people's opinions. (8C, p72)	0 1 2 3 4 5
<b>Reading</b>	
• I can understand the main facts in a magazine article. (8A, p68/8D, p74)	0 1 2 3 4 5
<b>Spoken interaction</b>	
• I can ask about likes and dislikes. (8C, p73)	0 1 2 3 4 5
• I can give my opinion on different topics. (8C, p73)	0 1 2 3 4 5
<b>Spoken production</b>	
• I can say when and where I was born. (8A, p69)	0 1 2 3 4 5
• I can talk about my favourite television programmes. (8B, p71)	0 1 2 3 4 5
<b>Language quality</b>	
• I can use <i>was/were</i> to talk and ask questions about past situations. (8A, p68/8B, p71)	0 1 2 3 4 5
• I can understand adjectives of opinion in reviews. (8C, p72)	0 1 2 3 4 5
• I can use subject and object pronouns to refer to someone or something. (8C, p73)	0 1 2 3 4 5

<b>Unit 9</b>	
<b>Listening</b>	
• I can understand big numbers. (9A, p78)	0 1 2 3 4 5
• I can understand descriptions of national holidays. (9C, p82)	0 1 2 3 4 5
• I can understand numbers in a radio programme. (9D, p84)	0 1 2 3 4 5
<b>Reading</b>	
• I can understand an email from a friend. (9A, p78)	0 1 2 3 4 5
• I can understand the main ideas in a magazine article. (9B, p80)	0 1 2 3 4 5
<b>Spoken interaction</b>	
• I can ask questions about important dates in someone's country. (9C, p83)	0 1 2 3 4 5
<b>Spoken production</b>	
• I can talk about a series of events in the past. (9B, p81)	0 1 2 3 4 5
• I can say the date. (9C, p82)	0 1 2 3 4 5

• I can use prepositions to talk about dates and times. (9C, p83)	0 1 2 3 4 5
• I can talk about dates in the year that are important to me. (9D, p85)	0 1 2 3 4 5
<b>Language quality</b>	
• I can use the past simple to talk about my holidays. (9A, p79)	0 1 2 3 4 5
<b>Writing</b>	
• I can write a blog about my activities on holiday. (Workbook, p62)	0 1 2 3 4 5

<b>Unit 10</b>	
<b>Listening</b>	
• I can understand someone talking about their weekend activities. (10A, p86)	0 1 2 3 4 5
• I can understand a shop assistant in a clothes shop. (10C, p91)	0 1 2 3 4 5
<b>Reading</b>	
• I can understand details in a tourist guide. (10C, p90)	0 1 2 3 4 5
<b>Spoken interaction</b>	
• I can ask someone questions about their weekend and respond appropriately. (10A, p87)	0 1 2 3 4 5
• I can ask for the price of something in a shop. (10C, p90)	0 1 2 3 4 5
<b>Spoken production</b>	
• I can answer questions in a quiz. (10B, p88)	0 1 2 3 4 5
• I can make guesses. (10D, p93)	0 1 2 3 4 5
<b>Language quality</b>	
• I can use the past simple to ask general knowledge questions. (10B, p89)	0 1 2 3 4 5

<b>Unit 11</b>	
<b>Listening</b>	
• I can understand details in telephone conversations. (11B, p98)	0 1 2 3 4 5
• I can understand someone talking about a painting in a gallery. (11C, p101)	0 1 2 3 4 5
<b>Reading</b>	
• I can understand action verbs in a text. (11A, p96)	0 1 2 3 4 5
• I can understand the main idea and specific details in a small magazine article. (11C, p100)	0 1 2 3 4 5
<b>Spoken interaction</b>	
• I can ask someone questions about a picture or a painting. (11D, p103)	0 1 2 3 4 5
<b>Spoken production</b>	
• I can talk about what I can do in English. (11A, p97)	0 1 2 3 4 5
• I can describe what is happening in a picture or a painting. (11C, p101)	0 1 2 3 4 5
<b>Language quality</b>	
• I can use <i>can/can't</i> to talk about ability. (11A, p97)	0 1 2 3 4 5
• I can use the present continuous to talk about things happening now. (11B, p98)	0 1 2 3 4 5
<b>Writing</b>	
• I can write a letter asking for information. (Workbook, p63)	0 1 2 3 4 5

<b>Unit 12</b>	
<b>Listening</b>	
• I can understand parts of telephone conversations. (12B, p106)	0 1 2 3 4 5
• I can understand simple practical details in a conversation. (12B, p107)	0 1 2 3 4 5
<b>Reading</b>	
• I can compare myself to people in a text. (12A, p104)	0 1 2 3 4 5
• I can understand a blog entry. (12C, p108)	0 1 2 3 4 5
<b>Spoken interaction</b>	
• I can ask to speak to someone on the phone. (12D, p110)	0 1 2 3 4 5
• I can leave a message on the phone. (12D, p110)	0 1 2 3 4 5
<b>Spoken production</b>	
• I can talk about future plans. (12B, p107/12D, p110)	0 1 2 3 4 5
<b>Language quality</b>	
• I can use polite intonation on the telephone. (12A, p105)	0 1 2 3 4 5
• I can use <i>be going to</i> + verb to talk about future intentions. (12B, p106)	0 1 2 3 4 5