

Song: "I Can't Sleep" / Classroom activities

1 What do you do when you can't sleep? Tick and compare with a partner.

PRE-LISTENING

You can add your own ideas.

- | | | | |
|-----------------------------------|---|--|--|
| <input type="checkbox"/> read | <input type="checkbox"/> clean the flat | <input type="checkbox"/> drink something | <input type="checkbox"/> surf the Internet |
| <input type="checkbox"/> watch TV | <input type="checkbox"/> have a snack | <input type="checkbox"/> do yoga | <input type="checkbox"/> _____ |

2 Listen to the song. Which of the things in 1 does the singer do when he can't sleep?

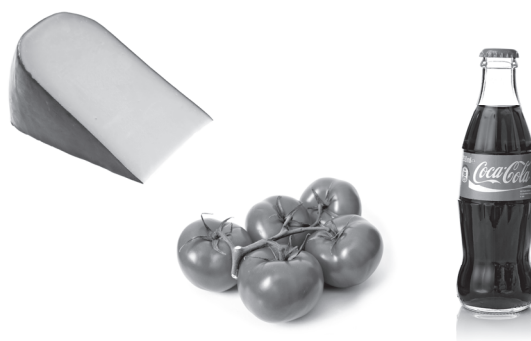
LISTENING

► CD 1 / 66

3 What's in his fridge? Listen again and complete the list. Then compare with a partner.

There's some ...

- 1 cheese and bread and
- 2 _____
- 3 shepherd's pie
- 4 _____
- 5 _____
- 6 _____



4 Sing the song together. You can find the lyrics at www.hueber.de/go-for-it.

POST-LISTENING

5 What's in your fridge? In small groups, write one more verse for the song and sing it for the class.

I can't sleep. I am so hungry.

I'd better get up and see what's in the fridge.

La-la-la-la ...

Oh, there's some _____.

That's a nice little snack.

Let's have some _____,

and then let's go back,

back to sleep, back to sleep.