

Are you a couch potato?

How often do you	You	Partner 1	Partner 2
..... eat out?			
..... go to a museum?			
..... go shopping for clothes?			
..... go to a cinema?			
..... go to a fitness centre?			
..... meet friends in town?			
..... go to open-air festivals?			
..... go to the theatre?			
..... go to a bar or pub?			
..... go to a coffee shop?			
..... go to an opera?			
..... stay home and watch TV?			

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Teacher's Notes

Preparation:

Photocopy one activity sheet for every student in your class.

In class:

Prepare your class for the activity by asking a few students how often they do something; for example, *How often do you go to the cinema?* If necessary, write possible answers such as *never, every day, once (or twice or three times) a day, (week, month, year)* on the board or OHP. Then hand out the sheets to your students. Explain that a "couch potato" is a slang expression for someone who usually sits in front of the telly on the couch or sofa drinking beer and eating crisps every evening.

First students should work alone and fill in the "you" column, saying how often they do the activities being asked about. When everyone is finished with the first step, put students in groups of 3 if possible. If this doesn't work out mathematically, form a pair or two as well. Students should now interview each other and write their partners' phrases in the columns for partners 1 and 2. When they are finished, they should estimate the total amount of time that everyone in their group spends out on the town, and compare it with the totals of the last question. (the time they spend as a couch potato!) Students should work out who in their group is away from home in their free time the most and who in their group is the biggest "couch potato."

Get some feedback.