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Communication
I love running · Running helped me find new friends · I’ll be like that · I’m going to give it my best shot · Off to a flying start · Competition day

Grammar
future forms (revision) · compound adjectives

Go for it!
Crazy hobby club

I can …
give a clear account of a topic within my area of interest · describe the steps of a procedure clearly and in detail · communicate detailed information about future plans, intentions and predictions · understand common idioms related to sports · combine descriptive words to talk about and compare people and things · understand and successfully follow detailed instructions

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Communication
I’m so tired of this commute! · How are things? · Thinking of going freelance? · I’d be much happier

Grammar
question tags (revision) · shortened questions · conditionals (revision)

Go for it!
My dream work environment

I can …
understand most information in announcements · begin, maintain and end a conversation · understand articles and reports that present a certain position about current issues · describe advantages and disadvantages · speculate about what might happen in the future and give advice based on this

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Communication
Are you a digital native? · He’s driving us all crazy! · It can affect anyone · You’d be lost without YouTube! · I’m afraid I have to disagree · Greater things in life

Grammar
be always + -ing / keep + -ing / will/won’t + infinitive · I wish / if only (revision)

Go for it!
All things digital

I can …
talk about the role that digital media plays in my life · complain about other people’s behaviour and/or habits · understand detailed talks about familiar topics · structure a talk and present my arguments logically · express wishes and regrets · express my opinions politely and firmly · convey information simply and precisely

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Unit 4 · There’s no place like home

Communication
What does it mean to you? • There’s nothing within our budget • Home is where the heart is • Let’s start with step one

Grammar
verb + verb in the -ing form / verb + that-clause / verb + to-infinitive (revision)

Go for it!
Your new home

I can ...
express how I feel about important personal experiences and events • understand a great deal of a lively conversation • understand idioms and compound words to do with house and home • quickly find important pieces of information, even in long, complex texts • clearly describe how to follow a procedure

Unit 5 · A day to remember

Communication
Special occasions • Did you use to do that? • Have you done it yet? • Heartfelt congratulations • I could get used to this! • I’m pretty excited!

Grammar
past simple / used to + verb / would + verb • present perfect continuous (revision) • be used to / get used to

Go for it!
Museum of Special Occasions

I can ...
explain how holidays and special occasions are celebrated • read correspondence on topics I’m familiar with and understand the most important points • understand most of the information in a long conversation • write messages that convey degrees of emotion and express the personal significance of events and experiences • describe familiar situations or routines • express a range of emotions in conversation to emphasise the personal significance of events

Unit 6 · You are what you eat

Communication
I don’t eat meat • You can have all sorts of things done for you • I’d been eating meat all my life • Share and share alike • The way I see it • Waste not, want not

Grammar
get / have something done • past perfect simple and past perfect continuous • modal verbs: ability, permission, possibility (revision)

Go for it!
Campaign for change

I can ...
talk about personal preferences and compare these with others • talk about things that other people do for me • explain ideas using supporting points and relevant examples • describe what was happening before a specific time in the past • understand specialised discussions and make accurate notes as I listen to them • convey information or give arguments in writing for/against a certain standpoint • understand and follow recipes for various dishes

Go for it!

Reading 97
Listening 98
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Unit 7 · Happiness is the way  
Classroom Activities (CA)  101 · Extra Practice (EP)  108

Communication
Absolutely over the moon! • In search of maximum happiness • You haven’t been yourself lately • Do something unexpected! • Perhaps it will inspire you • I’ll be waiting

Grammar
reported speech • future continuous and future perfect

Go for it!
The ingredients of happiness

I can ...
describe in detail personal experiences and the associated emotions • follow challenging radio or TV programmes • report what other people have said • understand a conversation about more abstract themes • understand specialised articles if I can look up words in a dictionary now and then • talk about what will be happening or will have happened at a specific point in the future

Unit 8 · Learn something new  
Classroom Activities (CA)  115 · Extra Practice (EP)  122

Communication
They’re obviously in love • Let me be your Romeo! • The truth will out • You never stop learning • We’ll have to agree to disagree

Grammar
passive voice (revision) • phrasal verbs (revision)

Go for it!
To play or not to play

I can ...
talk about my preferences regarding films and books • write a suitable profile or advert that pertains to my purpose or interests • understand longer texts that contain comprehensive explanations • make and understand detailed arrangements • write clear, detailed texts about a variety of subjects

Unit 9 · Stranger than fiction  
Classroom Activities (CA)  129 · Extra Practice (EP)  136

Communication
Seeing is believing • Can a whole town be lying? • There I was, singing quietly to myself • What do you suggest we do? • What a tale!

Grammar
narrative tenses • defining and non-defining relative clauses

Go for it!
A pub quiz

I can ...
discuss explanations of strange phenomena • analyse newspaper texts and identify the writer’s strategies for achieving a certain aim • synthesise and evaluate information from different newspapers • tell a story using different verb forms to create atmosphere and structure • contribute to the progress of a task by encouraging others to participate or to say what they think • summarise something clearly

Go for it!
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